

5 Day Rehearsal Packet & Checklist

DAY 1

The first day of rehearsal is about familiarizing yourself with the script and reading closely for information.

Part 1

Directions:

- Read through the script once.
- Read a second time, using highlighters or colored pencils to mark you script:

HIGHLIGHT LINES THAT SUGGEST...

Yellow – Your character’s personality traits (selfish, bubbly, nosy, etc...)

Green – How your character feels about the other character(s) in the scene.

Blue - How your character feels about the central conflict of the scene.

Orange - What your character wants or needs (objective).

Pink - What circumstances contribute to relationships, goals, or conflicts in the scene.

Part 2

Directions: Discuss the following questions with your scene partner(s). Then answer the questions with complete sentences. Use your highlighted passages in the script to help guide your responses.

1. Who are the characters in this scene? Briefly describe your impression of each character’s personality.

2. What happened before the scene began? Where is your character coming from before they enter the scene? What's on their mind? Does anything in the past have an impact on the characters now?

3. What is the relationship between characters? Is it positive, negative, neutral, or change during the course of the scene? Why?

4. What does your character want at the beginning of the scene? The middle? The end?

5. What conflicts does your character have to deal with? What stands in their way? How do they feel about that?

6. What are the other contributing circumstances of the scene? For example, does the setting have an impact on the characters, their goal, the conflict?

DAY 1 Checklist & Assessment

- ___ My partner(s) and I read through the script at least twice.
- ___ I completed all my yellow highlights.
- ___ I completed all my green highlights.
- ___ I completed all my blue highlights.
- ___ I completed all my orange highlights.
- ___ I completed all my pink highlights.
- ___ My partner(s) and I discussed all of the questions as a team, referring to the script, before answering in writing.
- ___ I answered all questions with complete sentence answers.

On a scale of 1-5 (1 being the worst, 5 being the best), what was your effort today?

On a scale of 1-5, how well did your team work together today?

On a scale of 1-5, how well did your team use their time today?

On a scale of 1-5, how prepared are you to continue rehearsal next time?

What was the BEST thing that happened in rehearsal today?

Write down any notes or questions you might have for your next rehearsal:

DAY 2

The second day of rehearsal should be about setting up your environment.

Part 1

Directions: Read through the script again, this time taking notes on setting. Discuss the setting with your scene partner(s) and then address the following questions in complete sentences.

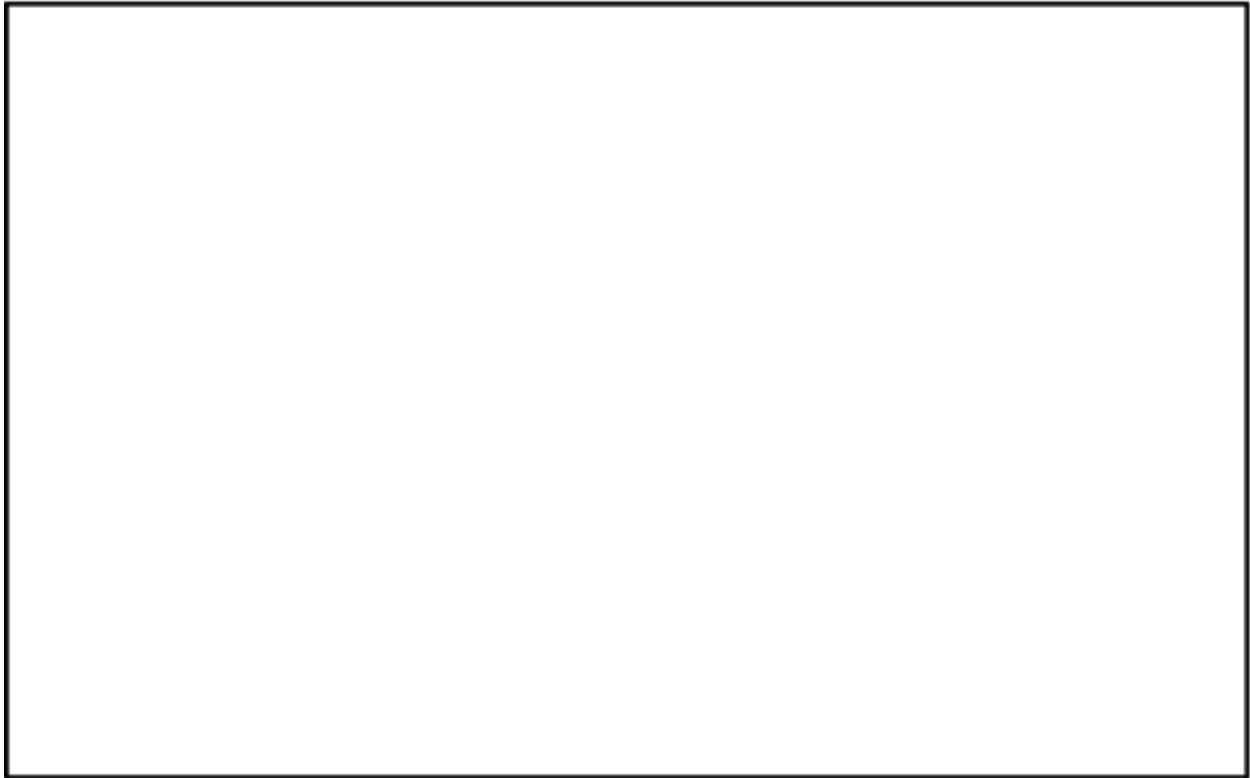
1. Where does the scene take place?

2. What is the setting/environment like?

3. How does the setting impact your characters? (For example, is it a hot day in a crowded and un-air-conditioned courtroom, so everyone is on edge and cranky?)

4. What is necessary in this setting? (For example, the setting is a bus stop, so there must be some sort of waiting bench.)

Part 2 *Directions: Draw a diagram of the setting. Include furniture, doors, anything your characters may move around, sit/stand/lean/kneel/lie on, or interact with.*



Part 3 : Directions:

- Set up some chairs or rehearsal blocks to mimic your diagram.
- Do a read through of your script (with feeling), moving through the space you have established.
- o Allow your body to move naturally from place to place.
- o Don't focus so much right now on "doing it right." Let your character's emotions/objectives guide you.
- o Ask yourself questions (If you're really mad at the other character, would you sit next to them? If you're flirting with the other character, would you stand across the room from them?).

Part 4

Directions: Discuss the following questions with your scene partner(s) and then address them in complete sentences.

1. What did you do with your movement that seemed true to character and/or circumstances?

2. What did you do with your movement that didn't seem true and needs to be reworked?

3. What did you or your partner(s) do just now worth keeping as official blocking?

** If extra time remains: Read and move through the script a few more times, trying different things. Experiment with a variety of movements such as standing/sitting/leaning/kneeling/lying at different times. Bring yourself back to your character's wants/objectives and the conflict(s)/obstacle(s) at hand. Can you make your objectives more visual to the audience through movement/body language? What can you do with your body or movements to achieve your objective?*

DAY 2 Checklist & Assessment

- ___ My partner(s) and I read through the script for info on setting at least once.
- ___ My partner(s) and I discussed the environment of the scene and its impact on the characters, objectives, and conflicts.
- ___ I answered the questions about setting with complete sentences.
- ___ I drew a detailed diagram of our scene's setting.
- ___ My partner(s) and I read through the script with feeling.
- ___ While reading through, my partner(s) and I moved freely through the space allowing the character's emotions and objective(s) guide my movement.
- ___ My partner(s) and I discussed our read/move through.
- ___ I answered the questions assessing our read/move through with complete sentences.

On a scale of 1-5 (1 being the worst, 5 being the best), what was your effort today?

On a scale of 1-5, how well did your team work together today?

On a scale of 1-5, how well did your team use their time today?

On a scale of 1-5, how prepared are you to continue rehearsals next time?

What was the BEST thing that happened in rehearsal today?

Write down any notes or questions you might have for your next rehearsal:

DAY 3

The third day of rehearsal should be about memorizing your lines and solidifying blocking based on objectives and tactics.

Part 1

Directions:

- Divide your script into 3 fairly even chunks: beginning, middle, and end. Indicate where these chunks begin and end in your script.
 - Using some of the movement you came up with yesterday, read through (with feeling) the first chunk 3-4 times. With each repetition, try to look at your script less and less.
 - As you repeat the chunk, continue to also focus on blocking. Add more movement than your last rehearsal. Experiment with a variety of movements such as sitting/standing/leaning/kneeling/lying down.
- o Remember that movement should be purposeful. Move/use body language to convey your character's feelings (Especially if they don't say what they mean or are using a lot of subtext!). Use physical tactics to achieve your goals or overcome your obstacles/circumstances.
- o Tip: if you haven't moved your body in the last 20 seconds, ask yourself if you could add movement or blocking to better physically represent your emotions, objectives, or tactics.
- Write down in your script any blocking you choose to keep for the final performance.

Part 2

Directions:

- Using some of the movement you established in your last rehearsal, read through (with feeling) the second chunk 3-4 times. With each repetition, try to look at your script less and less.
- As you repeat the chunk, continue to also focus on blocking. Add more movement than the last time. Experiment with a variety of movements such as sitting/standing/leaning/kneeling/lying down.

o Remember that movement should be purposeful. Move/use body language to convey your character's feelings (Especially if they don't say what they mean or are using a lot of subtext!). Use physical tactics to achieve your goals or overcome your obstacles/circumstances.

o Tip: if you haven't moved in the last 10-20 seconds, ask yourself if you could add blocking to better physically represent your emotions, objectives, or tactics.

- Write down in your script any blocking you choose to keep for the final performance.

Part 3

Directions:

- Using some of the movement you established in your last run through, read through (with feeling) the third chunk 3-4 times. With each repetition, try to look at your script less and less.

- As you repeat the chunk, continue to also focus on blocking. Add more movement than the last rehearsal time. Experiment with a variety of movements such as sitting/standing/leaning/kneeling/lying down.

o Remember that movement should be purposeful. Move/use body language to convey your character's feelings (Especially if they don't say what they mean or are using a lot of subtext!). Use physical tactics to achieve your goals or overcome your obstacles/circumstances.

o Tip: if you haven't moved in the last 10-20 seconds, ask yourself if you could add blocking to better physically represent your emotions, objectives, or tactics.

- Write down in your script any blocking you choose to keep for the final performance.

DAY 3 Checklist & Assessment

- ___ My partner(s) and I divided our script into 3 equal chunks.
- ___ We performed through the first chunk at least 3 times.
- ___ We added to and refined blocking for the first chunk.
- ___ We performed through the second chunk at least 3 times.
- ___ We added to and refined blocking for the second chunk.
- ___ We performed through the third chunk at least 3 times.
- ___ We added to and refined blocking for the third chunk.
- ___ Blocking for the entire scene is based on emotions, objectives, and tactics.
- ___ Our scene has a great deal of movement throughout all 3 chunks of the script and will not be boring for the audience to watch.

On a scale of 1-5 (1 being the worst, 5 being the best), what was your effort today?

On a scale of 1-5, how well did your team work together today?

On a scale of 1-5, how well did your team use their time today?

On a scale of 1-5, how prepared are you to continue rehearsals next time?

What was the BEST thing that happened in rehearsal today?

Write down any notes or questions you might have for your next rehearsal:

DAY 4

The fourth day of rehearsal should be about practicing the scene as a whole.

Part 1

- Perform through the scene from top to bottom (all 3 chunks) without scripts.
- Make note of where you have the most trouble or when you need the script.

This will be the focus of what you need to hammer out the rest of rehearsal.

Part 2

- Run over your trouble spots 3 times or until they are no longer an issue.
 - After, do a top to bottom rehearsal at least 3-4 times.
- o Rehearse the way you plan to perform. You need to go all-out with your characterization, vocal techniques, blocking, body language, etc.

Part 3

- After you have rehearsed your scene at least 3-4 times, find another group and take turns performing for each other. Record each other's performance on a phone and give each other feedback.

o Things to consider for feedback:

Are the characters different from the actors or are the actors just playing a version of themselves?

Is the movement/blocking frequent, varied, and interesting?

Is the blocking based on, emotions, objectives, and/or tactics?

Can all the actors be clearly heard and understood?

DAY 4 Checklist & Assessment

___ We worked on fixing any memorization or blocking issues.

___ We performed through the entire scene at least 3 times.

___ We performed for another group and received feedback.

___ We watched another group's performance and gave feedback.

___ We discussed the feedback we received.

On a scale of 1-5 (1 being the worst, 5 being the best), what was your effort today?

On a scale of 1-5, how well did your team work together today?

On a scale of 1-5, how well did your team use their time today?

On a scale of 1-5, how prepared are you to continue rehearsals tomorrow?

What feedback did you receive on your scene? What needs improvement?

How will you address this in your next rehearsal?

What was the BEST thing that happened in rehearsal today?

Write down any notes or questions you might have for your next rehearsal:

DAY 5

The fifth day of rehearsal should be about revising and preparing for performance.

Part 1

Directions:

- Watch and discuss your performance video with you partner(s).
- Review the feedback you received in your last rehearsal and discuss how you will address these issues today.
- Spend some time revising your blocking, characterization, vocal techniques, etc. based on the feedback you received.
- Once you have finalized your revisions, perform the scene at least 3-4 times. WITHOUT YOUR SCRIPT.

Part 2

Directions:

- After you have rehearsed your scene at least 3-4 times, meet up with the group who watched you perform yesterday.
- Perform for them again and ask if the notes they gave you for improvement have been addressed.

Part 3

Directions:

- Rehearse your scene until the end of class.
- Go over and over it until it is a well-oiled machine. When a scene is well rehearsed it should feel very natural and fluid.
- Always practice the way you intend to perform!

DAY 5 Checklist & Assessment

___ My partner(s) and I watched and discussed our performance on video.

___ My partner(s) and I reviewed the feedback we received yesterday.

___ My partner(s) and I worked on the issues brought up in the feedback.

___ After revision, we performed our scene at least 3 times

___ We performed for the same group as Day 4 and received additional feedback.

___ We watched the same group as Day 4's performance and gave additional feedback.

___ We rehearsed the scene until it felt natural and fluid.

___ We rehearsed the full rehearsal time.

On a scale of 1-5 (1 being the worst, 5 being the best), what was your effort today?

On a scale of 1-5, how well did your team work together today?

On a scale of 1-5, how well did your team use their time today?

On a scale of 1-5, how prepared are you to perform this in front of an audience?

Why do you feel prepared/unprepared for performance?

What was the BEST thing that happened in rehearsal today?

What is the BEST moment in your scene? WHY is that the BEST moment?